## DISHES AND THEIR ALLERGEN CONTENT - Tanoor Lebanese Grill

| $\begin{aligned} & \text { SALADS \& } \\ & \text { COLD } \\ & \text { MEZZE } \\ & \text { APPETIZERS } \end{aligned}$ |  | n |  |  |  | O88 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Gluten | Eggs | Dairy | Nuts | Sesame | Soy |
| Greek Salad |  |  | Can be made Dairy Free without Feta Cheese |  |  |  |
| Fatoush | Can be made Gluten Free without Fried Pita Chips |  |  |  |  |  |
| Tabouleh | $\boldsymbol{J}$ |  |  |  |  |  |
| Hummus \& Spicy Hummus |  |  |  |  | $\checkmark$ |  |
| Babaghanouge |  |  | $\checkmark$ |  | $\checkmark$ |  |
| Labneh |  |  | $\checkmark$ |  | Can be made Sesame Free without Zaatar |  |
| Stuffed Grape Leaves |  |  |  |  |  | $\checkmark$ |
| Assorted Olives \& Pickles |  |  |  |  |  |  |


| HOT MEZZE APPETIZERS |  | n |  |  |  | $0_{0}^{8}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Gluten | Eggs | Dairy | Nuts | Sesame | Soy |
| Grilled Chicken Wings |  | Can be made Egg Free without side Toum |  |  |  | Can be made Soy Free without side Toum |
| Beef \& Lamb Sfiha | $\checkmark$ |  | Can be made Dairy Free without side Tzatziki |  |  |  |
| Cheese Fatayir | $\checkmark$ |  | $\sqrt{ }$ |  |  |  |
| Fatayir Spaneekh | $\checkmark$ |  |  |  |  |  |
| Arambeet |  |  |  |  | Can be made Sesame Free without Tahini |  |
| Halloumi Fries |  |  | $\sqrt{ }$ |  | Can be made Sesame Free without Zaatar |  |
| Falafel |  |  |  |  | Can be made Sesame Free without side Tahini |  |
| Batata Harra |  | Can be made Egg Free without Toum |  |  |  | Can be made Soy Free without side Toum |
| French Fries \& Rice |  |  |  |  |  |  |


| MASHAWI \& HOUSE SPECIALTIES |  | sm |  |  |  | $\underbrace{88}_{0}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Gluten | Eggs | Dairy | Nuts | Sesame | Soy |
| Mixed Grills |  | Can be made Egg Free without side Toum without side Toum | Can be made Dairy Free without side Tzatziki |  |  | Can be made Soy Free without side Toum |
| Kabob Combo, Lamb Shish Kabob, Beef Shish Kabob, Kafta Kabob \& Shish Tawook |  |  | Can be made Dairy Free without side Tzatziki |  |  |  |
| Gyro Plate | $\checkmark$ |  | Can be made Dairy Free without Feta Cheese \& side Tzatziki |  |  | $\checkmark$ |
| Tanoor Lamb Chops |  |  | Can be made Dairy Free without side Tzatziki |  |  |  |
| Tanoor Ribeye Steak |  | Can be made Egg Free without side Toum |  |  |  | Can be made Soy Free without side Toum |
| Dajaj Mishweh |  | Can be made Egg Free without side Toum |  |  |  | Can be made Soy Free without side Toum |


| SHAWARMA \& VEGETARIAN |  | $\sqrt[n]{n}$ |  |  |  | $\underbrace{088}_{0}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Gluten | Eggs | Dairy | Nuts | Sesame | Soy |
| Shawarma Combo, Chicken Shawarma, Beef \& Lamb Shawarma | Can be cooked on Gluten Free surface upon request | Can be made Egg Free without side Toum |  |  | $\begin{gathered} \text { Can be made Sesame } \\ \text { Free without Tahini } \end{gathered}$ | Can be made Soy Free without side Toum |
| Arambeet Plate |  |  |  |  | Can be made Sesame Free without Tahini |  |
| Grilled Vegetable Plate | Can be cooked on Gluten Free surface upon request |  | Can be made Dairy Free without side Tzatziki |  |  |  |
| Lebanese Falafel Plate |  |  |  |  | Can be made Sesame Free without Tahini |  |
| Lentils \& Rice Dinner |  |  | Can be made Dairy Free without side Tzatziki |  |  |  |
| Fool Mudammas |  |  |  |  |  |  |
| Shakshuka |  | $\checkmark$ |  |  |  |  |


| SANDWICHES \& MANA'EESH |  | $\sqrt[\infty]{\infty}$ |  |  |  | $\underbrace{888}_{0}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Gluten | Eggs | Dairy | Nuts | Sesame | Soy |
| Chicken <br> Shawarma Sandwich, Beef \& Lamb Shawarma Sandwich | Can be made with Gluten Free Pita Bread by request (upcharge) | $\begin{aligned} & \text { Can be made Egg Free } \\ & \text { without Toum } \end{aligned}$ |  |  | Can be made Sesame Free without Hummus \& Tahini |  |
| Lamb Kabob Sandwich, Beef <br> Kabob <br> Sandwich, Shish <br> Tawook <br> Sandwich, Kafta <br> Sandwich | Can be made with Gluten Free Pita Bread by request (upcharge) | Can be made Egg Free without Toum |  |  | Can be made Sesame Free without Hummus | Can be made Soy Free without side Toum |
| Tanoor Gyro Sandwich | $\checkmark$ |  | Can be made Dairy Free without Feta Cheese \& Tzatziki |  | Can be made Sesame Free without Hummus | $\checkmark$ |
| Arambeet Sandwich \& Falafel Sandwich | Can be made with Gluten Free Pita Bread by request (upcharge) |  |  |  | Can be made Sesame Free without Hummus \& Tahini |  |
| Labneh Sandwich | Can be made with Gluten Free Pita Bread by request (upcharge) |  | $\checkmark$ |  |  |  |
| Cheese Manoushe | Can be made with Gluten Free Bread by request (upcharge) |  | $\checkmark$ |  |  |  |


|  | J |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Cocktail <br> Manoushe | Can be made with <br> Gluten Free Bread by <br> request (upcharge) |  |  |  |


| DESSERTS |  | n |  |  |  | $068$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Gluten | Eggs | Dairy | Nuts | Sesame | Soy |
| Knefeh | $\checkmark$ |  | $\checkmark$ | without Pistachios |  |  |
| Classic Baklava \& Shredded Wheat Baklava (Included in Trio) | $\checkmark$ |  | $\checkmark$ |  |  |  |
| Cashew Finger Baklava (Included in Trio) | $\checkmark$ |  | $\checkmark$ | $\checkmark$ <br> CONTAINS CASHEWS |  |  |
| Nutella Manoushe | Can be made with Gluten Free Bread by request (upcharge) |  | $\checkmark$ | Can be made Nut Free without Pistachios |  | $\checkmark$ |


| KIDS MENU |  | $\sqrt[n]{n}$ |  |  |  | Qu8 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Gluten | Eggs | Dairy | Nuts | Sesame | Soy |
| Kids Chicken Shawarma Plate, Kids Beef \& Lamb Plate | Can be cooked on Gluten Free surface upon request |  |  |  |  |  |
| Kids Falafel Wrap, Kids Chicken Wrap, Kids Beef \& Lamb Wrap | $\checkmark$ |  |  |  |  |  |
| Kids Gyro Plate \& Kids Gyro Wrap | $\checkmark$ |  |  |  |  | $\checkmark$ |


| PITA BREAD \& SAUCES |  | \&n |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Gluten | Eggs | Dairy | Nuts | Sesame | Soy |
| Pita Bread | $\checkmark$ |  |  |  |  |  |
| Gluten Free Pita Bread |  |  |  |  |  |  |
| Olive Oil \& Zaatar | $\checkmark$ |  |  |  | $\checkmark$ |  |
| Tahini |  |  |  |  | $\checkmark$ |  |


| Tzatziki |  |  |  |  |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Toum |  | $\boldsymbol{J}$ |  |  |  |
| Batata Harra |  |  |  |  |  |
| Sauce, |  |  |  |  |  |
| Chicken |  |  |  |  |  |
| Wing Sauce |  |  |  |  |  |
| \& Salad |  |  |  |  |  |
| Dressing |  |  |  |  |  |$\quad$|  |
| :--- | :--- | :--- | :--- | :--- |

